## End of first week

| Inside my fridge - end of the week | Inside my freezer - end of the week |
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| Milk | 1 macaroni cheese ready meal |
| Tomato ketchup | 1 open packets of fish fingers |
| Salad cream | Mini pitta breads x 6 |
| Brown sauce | bag of handpicked blackcurrants |
| Half used jar of jam | Meat pies x 2 |
| Half used bottle of brown sauce | Lollies |
| $3 / 4$ bottle of salad dressing | Bag of exotic fruit |
| $1 / 2$ cucumber | Bag of blueberries |
| $1 / 2$ packet of cherry tomatoes | Tropical mix fruit |
| 1 stick of celery | Tortilla wraps |
| Bag of new potoates | Homemade soup |
| Bag of homegrown tomatoes | $3 / 4$ bag of sweetcorn |
| $3 / 4$ tub of Stork margarine | Packet of shortcrust pastry |
| $3 / 4$ jar of mayonnaise | Packet of puff pastry |
| $1 / 4$ jar of pickle | Cumberland sausages |
| Carton of coconut milk | $1 / 2$ packet of frozen spinach |
| Carton of fruit juice | 4 bread rolls |
| Kid's yogurts | Leftover Mashed potato |
| 2 and a $1 / 2$ packets of butter | Leftover Passata |
| 1 and a $1 / 4$ tubs of margarine | Leftover diced onion |
| $3 / 4$ tub of cream cheese | Grapes |
| $1 / 2$ jar of wholegrain mustard |  |
| $1 / 4$ jar of lemon curd |  |
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| Others |  |
| Bread bin: Empty |  |
| Vegetable cupboard: 1 onion |  |
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