

Inside my fridge – before first shop	Inside my fridge – after first shop
<p>¼ tub of Flora margarine  Stork margarine x 3 (all half used and one was out of date)!!  Milk  Salad cream  Brown sauce  Tomato ketchup  1 ½ packets of Cheddar cheese  4 jars of jam (3 nearly empty)!!  ¼ jar of pickle  2 ½ packets of butter  ¾ jar of mayonnaise  ¾ jar of wholegrain mustard  3 cartons of fruit juice  1 carton of coconut milk  ¼ jar of lemon curd  2 tubs of cream cheese (one was starting to go mouldy)!!  Celery  Bag of new potatoes  1 carrot  1 yellow pepper.</p>	<p>Stork Margarine x 2 (both half used)  Milk, Salad cream  Brown sauce, Tomato ketchup  1 ½ packets of Cheddar cheese  2 jars of jam (both opened)!  ¼ jar of pickle  2 ½ packets of butter  ¾ jar of mayonnaise  ¾ jar of wholegrain mustard  3 cartons of fruit juice  1 carton of coconut milk  ¼ jar of lemon curd  1 tub of cream cheese  Celery  Bag of new potatoes  1 yellow pepper, 1 punnet of grapes  1 punnet of strawberries, 1 packet of sausages  Broccoli  3 x mini pots of hummus  Cherry tomatoes, Cucumber  5 loose mushrooms  5 carrots</p>
Inside my freezer – before first shop	Inside my freezer – after first shop
<p>8 crumpets  1 macaroni cheese ready meal  2 open packets of fish fingers  Mini pitta breads x 8  Kids pizza x 2  bag of handpicked blackcurrants  Meat pies x 2  Lollies  Bag of exotic fruit  Bag of blueberries  Tropical mix fruit  Yorkshire puddings  Tortilla wraps  Homemade soup  Mince beef  ¾ bag of sweetcorn  Packet of shortcrust pastry  Packet of puff pastry  Cumberland sausages  ½ packet of frozen spinach  4 bread rolls</p>	<p>Same as before shop plus: Chips  Cheese (note: I've never frozen cheese before but it was on offer in the supermarket so decided to give it a go!)    Fruit bowl - before first shop  Several bananas  Clementines  2 oranges  2 apples    Fruit bowl - after first shop  Add on, 5 more bananas  5 more apples  5 more oranges    Cupboard stored vegetables - after first shop  1 butternut squash  3 large onions  1 bag of Maris Piper potatoes    Bread bin - after first shop  ½ a malt loaf  1 new loaf of bread</p>

Total shopping came to **£43.68** (but this included a few store cupboard items and toilet roll! We would usually spend around £50 so we did save a bit of money. I checked the fridge and freezer first but forgot to check the fruit bowl and I didn't see that we already had sausages in the freezer – this was due to it being a bit of a mess!)