



How to feed a family of 4
for £20 a week
by Anneliese Giggins



Week four food shop – bits and bobs

Broccoli £0.39
3 pack bananas £0.39
Penne pasta £0.29
Whole milk £1.40
Carrots £0.18

Total = £2.65

Shopped at Aldi and Tesco (Aug 2014 prices)

goodtoknow
Recipes